

Warrior Weekly

Academic Excellence based on Biblical Principles



Volume 25 Number 6

September 23, 2019



Tuesday October 1, will be the next meeting of the Parent Teacher Fellowship (PTF) **3:15** in Mrs. Waldron's room

We're inviting all parents and teachers to join us as we prepare for the Harvest Festival!

Let your life be filled
with the joy &
harvest of Autumn

Happy
First Day Of Autumn

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LUNCH MENU

Week of 9/23 thru 9/27

- ◆ Monday, Sep 23 —KYA Nacho Lunch: Pay at table
- ◆ Tuesday, Sep 24—Subway: 6 inch Pepperoni on White, Chips, Cookie
- ◆ Wednesday, Sep 25—Chick-Fil-A: Chicken Strips, Chips, Cookie
- ◆ Thursday, Sep 26—Little Caesar's: Cheese Pizza
- ◆ Friday, Sep 27—***Bring Your Lunch***

Week of 9/30 thru 10/04

- ◆ Monday, Sep 30—KYA Nacho Lunch: Pay at table
- ◆ Tuesday, Oct 01—Son Risa: Cheese Quesadilla, Chips & Salsa
- ◆ Wednesday, Oct 02—Chick-Fil-A: Chicken Nuggets, Chips, Cookie
- ◆ Thursday, Oct 03—Papa Johns: Pepperoni Pizza
- ◆ Friday, Oct 04— Beta Club Chili Lunch: Pay at table

Prices:	Chick-Fil-A \$5.25	Four Seasons \$5.25
	Rutlands \$5.25	Subway \$5.25
	Max's Café \$5.25	Son Risa \$5.25
	Pizza Slices: 1-\$2.00, 2-\$2.50, 3-\$3.00	

Nacho Lunch \$4.00, or with drink \$5.00

Beta Chili Lunch \$4.00 (No drinks provided)

**You can view the monthly lunch calendar on our website www.hcahopkinsville.org. All lunch order forms must be placed by 9:00 a.m. the day prior to the lunch of choice.

SPORTS CORNER



Volleyball

Varsity

Sep 23	Mon	Northwest	Home	5:00
Sep 24	Tue	South Haven	Away	4:30
Sep 27	Fri	Trinity	Away	4:00
Sep 28	Sat	Lakeside	Away	9:30
Sep 28	Sat	Community	Away	11:00
Sep 30	Mon	Kenwood	Home	5:00



Volleyball

Middle School

Sep 20	Fri	Olmstead	Home	6:00
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Soccer

Varsity

Sep 27	Fri	Trinity	Away	6:00
Sep 28	Sat	Assumption	Away	11:00
Oct 05	Sat	Highland	Home	2:00



Soccer

Middle School

Sep 23	Mon	Hopkinsville	Home	5:30
Sep 30	Mon	Russellville	Away	5:30



Cross County Track

Sep 28	Sat	Somerset Christian
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CHEERLEADING TRYOUTS



Will be held on
Wednesday,
September 25th
from 3:30-5:00 in
the gym.



There will be an archery
informational meeting on
Tuesday, Oct 22nd at 6:00
in the HCA lunchroom.

Students in grades 4-12 are eligible to compete in
the tournaments. Third Graders may participate
in the club, but not compete in the tournaments.

2 CHRONICLES 7:14

SEE YOU AT THE POLE™

Wednesday 7:00 a.m.

9.25.19

IF MY PEOPLE PRAY . . .

GLOBAL DAY OF STUDENT PRAYER

SYATP.COM // 817.HIS.PLAN



HELP WANTED!

We are needing workers for Extended Care. If interested, please contact

Alyssa Fletcher at

(270) 885-2417

Or

a.fletcher@hcahopkinsville.org

Catalog

PTF Fall Catalog Items

Will be delivered to HCA

Friday, Sept. 27th

Please pick up items after noon.

Kentucky Youth Assembly

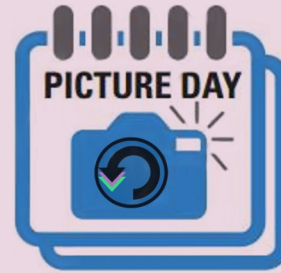


Middle School KYA will meet
on Friday's
From 3:15-4:15 in
Mrs. Outland's Room

Picture retakes will be

Thursday, Sept 26th.

Senior formal pictures
will also be taken on this day.



RETAKES

Academic Team

will have practices on the following days:

MS QUICK RECALL

Mondays and Tuesdays after school
3:15-4:15 in Mrs. Herrell's room

HS QUICK RECALL

Tues, Wed and Thurs after school this week
in Mrs. Johnson's room

Future Problem Solving

Practices for the remainder of Sept. will be:
Thurs. Sept 12 & 26

Elementary Academic Team

Practices will be on Mondays from 3:15-4:15
In Mrs. Outland's Room



Parents of K-12 graders,

Beginning on October 16, we will be having 4-H after school one Wednesday per month (dates are listed below). The “big” kids who sign up will also serve as Teen Leaders to our younger students. There will be opportunities for the older students to participate in additional 4-H activities including speech competitions! These extended opportunities will be available for students ages 9-18. If you want your child to participate in 4-H, the deadline to turn in forms has been extended. You must fill out the attached form provided by 4-H and return it to your child’s homeroom teacher (K-5 grades) or to the front office (6-12 grades) by no later than **Friday, Sept. 27th.** Hard copies are available in the front office. We are so excited to have 4-H at HCA!!!

4-H will meet for roughly an hour right after school on the dates sent home to parents (tentatively 3:15-4:15). once the interest forms have been turned in we will figure out where 4-H will meet once the number of students participating has been assessed.

4-H adult leaders:



- Kaitlyne Metsker, County Extension Agent- 4-H Youth Development, will be leading the Wednesday meetings each month
- Mrs. KevinAnn Smith, one of our new 5th grade teachers, will be the faculty sponsor on Wednesdays

Dates:

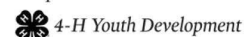
October 16, 2019	November 20, 2019	December 18, 2019
February 19, 2020	March 18, 2020	April 15, 2020

The following forms come from the Extension Office and are state-wide forms that cover all 4-H activities so there may be information regarding things we won’t participate in i.e., sleepovers. Please fill out the entire form to cover HCA planned activities.

4-H Participant Information/Enrollment Form (NOT FOR RESIDENTIAL CAMP) 2019-2020



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name: _____ County/District: Christian County, District 7
Last First Birth date: _____ Age (On Jan 1): _____ ☐ Youth ☐ Female
Address: _____ ☐ Adult ☐ Male
City: _____ State: _____ Zip: _____ Participant Email: _____ Home Phone: _____ Farm: ☐ Yes ☐ No
School Name: _____ Grade: _____ Ethnicity: ☐ Hispanic ☐ Non-Hispanic
Race: ☐ Asian ☐ White ☐ Black ☐ American Indian ☐ Hawaiian & Pacific Islander Military Family: ☐ No ☐ Active ☐ Reserve (Branch: _____)
4-H Clubs Involved in: _____

Contact #1: _____ Phone ☐ H ☐ W ☐ C _____ Phone ☐ H ☐ W ☐ C _____
Parent Email: _____ Include additional contacts on another sheet if desired.

Name of Family Doctor: _____ Doctor's Phone: _____
Health Insurance Company: _____ Policy #: _____
Name of Policy Holder/Relationship to Participant: _____ Member ID: _____

HEALTH HISTORY

Does the participant have, or at any time has had, any of the following? Check "Yes" or "No" to each item. Please explain any "yes" answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

	Yes	No
1) Asthma.....	<input type="checkbox"/>	<input type="checkbox"/>
2) Bronchitis.....	<input type="checkbox"/>	<input type="checkbox"/>
3) Convulsions.....	<input type="checkbox"/>	<input type="checkbox"/>
4) Diabetes.....	<input type="checkbox"/>	<input type="checkbox"/>
5) Ear Infection.....	<input type="checkbox"/>	<input type="checkbox"/>
6) Fainting.....	<input type="checkbox"/>	<input type="checkbox"/>
7) Heart Condition.....	<input type="checkbox"/>	<input type="checkbox"/>
8) Headaches.....	<input type="checkbox"/>	<input type="checkbox"/>
9) Hypoglycemia.....	<input type="checkbox"/>	<input type="checkbox"/>
10) Serious Allergy to Insects.....	<input type="checkbox"/>	<input type="checkbox"/>
11) Wear Glasses/Contacts.....	<input type="checkbox"/>	<input type="checkbox"/>
12) Other Conditions.....	<input type="checkbox"/>	<input type="checkbox"/>
13) Drug Allergy (please explain).....	<input type="checkbox"/>	<input type="checkbox"/>
14) Food Allergy (please explain).....	<input type="checkbox"/>	<input type="checkbox"/>
15) Other Allergy (please explain).....	<input type="checkbox"/>	<input type="checkbox"/>

Please Explain Any "Yes" Responses:

List and explain any restrictions (dietary, physical, etc.):

The following over the counter medications may be administered to my child without contacting me:

<input type="checkbox"/> Antihistamine Pill	<input type="checkbox"/> Antacid	<input type="checkbox"/> Ibuprofen (Advil)	<input type="checkbox"/> Hydrocortisone Cream
<input type="checkbox"/> Acetaminophen (Tylenol)	<input type="checkbox"/> Decongestant	<input type="checkbox"/> Dramamine	<input type="checkbox"/> Polysporin (topical antibiotic)

MEDICAL TREATMENT

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization. SIGNATURE OF PARENT/PARTICIPANT: _____ DATE: _____

PUBLICITY RELEASE

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

SIGNATURE OF PARENT: _____ NO, I do not permit. ☐

4-H Youth Development CODE OF CONDUCT FORM

(NOT FOR RESIDENTIAL CAMPS)

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

T-Shirt Size-Check One

YOUTH Size: ☐ ☐ ☐ ☐

ADULT Size: ☐ ☐ ☐ ☐

WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

- Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate dress. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
- The possession and use of alcoholic beverages, tobacco products, and/or drugs (except for medications prescribed to the participant by a licensed physician) are strictly prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
- Setting off fire alarms, tampering with fire extinguishing and other emergency equipment are strictly prohibited.
- Gambling of any type is strictly prohibited.
- Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
- Display of overly affectionate or inappropriate attention between participants is strictly prohibited.
- Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
- Each county may adopt additional Code of Conduct guidelines.

WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

- All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
- No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time he/she leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
- At overnight events, only Conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
- Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty, including, but not limited to, the following:**

- Sent home from the activity or event at his/her own expense
- Released to nearest law enforcement authority
- Barred from participation from future 4-H events
- Termination of 4-H membership
- Assessed the cost of damages for destruction of property

I, _____, have read the Code of Conduct and agree to abide by its rules.
(4-H'er's Printed Name)

I understand that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member/Volunteer _____ County _____

Parent/Guardian _____ Date _____

Please return this form to: Christian County Cooperative Extension 2850 Pembroke Road, Hopkinsville, Kentucky 42240-6802

Phone: 270-886-6328 Fax: 270-886-6320 Email to: dl_ces_christian@uky.edu Web: christian.ca.uky.edu

4-H Youth Development Extension Agents: Kaitlyne Metsker (kaitlyne.davis@uky.edu),

Mary Anne Garnett (maryanne.garnett@uky.edu) and Jeremiah Johnson (jeremiah.johnson@uky.edu)



*HCA Sugar Plum
Shoppe Friday,
November 15, 2019
HCA Gym 3PM - 7 PM*

*****Calling ALL VENDORS and CRAFTERS*****

If you are interested in being a vendor for our 4th Annual Sugar Plum Shoppe please fill out the below form and turn it into the Front Office ASAP (Cash or Check only). Only one spot per vendor is permitted. Special requests will be filled on a first come, first serve basis. The Fee for securing your slot is \$35, if you had a booth last year you may secure your booth for a \$25 fee. All proceeds benefit the HCA PTF.

Please email a.crutchfield@hcahopkinsville.org with any questions.

Thank you for your interest.

Name (s) _____

What are you selling _____

Contact # _____

Do you need Electricity? Yes ____ NO ____

Do you need to be placed on a wall? Yes ____ No ____

Jr. Class Washington DC fundraiser shirt

Bella+Canvas, soft shirts
\$15.00 (2xl, 3xl \$17)

Dress Code Approved

Style #1



Color: Teal

Style #2



Color Deep Teal

WARRIORS- THE ONE WHERE THEY EXCEL
Back: The Lord is with you mighty warrior.
Heritage Christian Academy, Hopkinsville KY



Color: Heather Deep Navy



Color: Heather Maroon



Color Military Green



Color: Dark Grey

Shirts available in: Teal, Deep Teal, Deep Navy, Maroon, Dark Grey, Military Green

Name & Phone	Shirt Style#, Size and Color	Total Cost	Paid
	Style: 1 2 Color _____ Youth: M L XL Adult: S M L XL XXL XXXL		