

#### LUNCH MENU

#### Week of 9/25 thru 9/29

- Monday, Sept. 25—KYA Nacho Lunch: pay at lunch table
- Tuesday, Sept .26—Rutland's: Salisbury Steak, Mashed Potatoes, Corn, Brownie
- Wednesday, Sept. 27—Chick-Fil-A: Chicken Nuggets Lays chips, cookie
- Thursday, Sept. 28—Little Caesar's: Cheese Pizza, chips
- Friday, Sept. 29— Beta Club Chili Lunch: Pay at lunch table

Prices:	Chick-Fil-A S	\$5.25	Four Seasons	\$5.25
	Rutlands S	\$5.25	Subway	\$5.25
	Pizza Slices:	1-\$2.00	, 2-\$2.50,	3-\$3.00
	KYA Nacho L	unch \$4.00	, or with drink	x \$5.00
	Beta Club Ch	ili Lunch \$4	4.00	

**This year you may order** *extra* **nuggets, strips, or sandwiches for \$3.50 each.** Please write any additions on the order form for the day you are ordering.

\*\*You can view the monthly lunch calendar on our website <u>www.hcahopkinsville.org</u>. All lunch order forms must be placed by 9:00 a.m. the day prior to the lunch of choice.



Volume 23, Number 7

**September 25, 2017** 

October 3rd @ 3:15

Will be the next PTF meeting held in Mrs. Waldron's room.



#### Friday, Oct 6th

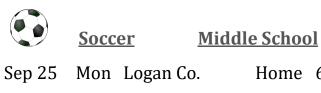


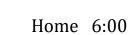
### **SPORTS CORNER**

Voltovan V	ball <u>Varsi</u>	<u>Varsity and JV</u>			
Sep 25	Mon	Franklin Classic	Away	5:00	
Sep 26	Tue	A.I.E.	Home	4:00	
Sep 29	Fri	Trinity	Away	6:00	
Sep 30	Sat	Lakeside	Away	10:00	
Sep 30	Sat	Comm Chr	Away	12:00	

<b>Volleyball</b>		<u>oall Midd</u>	<u>Middle School</u>		
Sep 25	Mon	Franklin Class	Away	5:00	
Oct 03	Tue	Franlin Chr	Home	5:00	
Oct 05	Thr	Franklin Class	Home	5:00	
Oct 17	Tue	Oak Ridge	Away	5:00	
Oct 19	Thr	Lancaster	Away	4:30	

	Soc	<u>cer Va</u>	<u>arsity</u>	
Sep 26	Tue	A.I.E	Home	4:00
Sep 29	Fri	Trinity	Away	TBA
Sep 30	Sat	Assumption	Away	9:30
Sep 30	Sat	Lawrenceburg	Away	2:30







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Cross County
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Set 30	Sat	Rossview Invit	Away	TBA
0ct 7	Sat	Lake Cumber.	Away	TBA
Oct 17	Tue	Glasgow	Away	TBA
0ct 21	Sat	Book It 5K	Away	TBA



#### 9-12 Grade Football

Sep 30	Sat	St. Andrew	Away 2:00
Oct 06	Fri	South Haven	Home* 7:00
Oct 20	Fri	BG Christian	Home* 6:00

\*All home games will be played in Madisonville at YAA.



#### **Archery Club**

There will be an informational meeting Tuesday, Sept 26th at 6:00 p.m. in the lunch room for students in 4th-12th grade. 3rd grade students may be part of the club, but will not be able to compete in any archery tournaments until in 4th grade.

# S P I R I T NIGHT

# Heritage Christian Academy

September 28, 2017 5:00 – 7:00PM

Come out and support your school during Spirit Night!





#### Middle School Academic Team - 6th - 8th grade

Practice will be held Mondays after school until 4:00 p.m. Any student in 6-8 grade is welcome to participate.

JV Academic Team – 9th and 10th grade

Students who plan to participate in the JV Challenge in November need to attend practice on Tuesday, October 3. It is very important for us to start planning the competition.



If you are in Middle or High School and would like to participate in FPS this year, Please contact Mrs. Herrell as soon as possible.





There will be an informational meeting for the Costa Rica Mission Trip on Thursday, Sept 28th at 6:00 pm in Ms. Richmond's room.

Any student who wishes to attend must also have a parent present.





## Friday, October 20th from 5:00-8:00 p.m. Old Convention Center @ Fairgrounds Be sure to go by your student's home room and sign up to work an activity booth.





Taelor Duncan, a Senior at HCA, will represent Christian County at the Distinguished Young of Kentucky competition in January. She won the local competition Sunday afternoon at the Christian County Middle School Performing Arts Center.

Christian County High School senior Halle Hendricks was the first runner-up, Zoe Edwards from Christian County High was second runner-up and University Heights Academy senior Lindsey Curtis fished third runner-up. Over \$6,000 in scholarship money was awarded to contestants.

The winner of the statewide competition in January will advance to the Distinguished Young Woman of America competition in June of 2018 in Mobile, Alabama.



Heritage Christian Academy PTF is collecting recipes for a 10<sup>th</sup> anniversary addition to the Heritage Collection Cookbook published in 2007!

Heritage Collection Cookbooks are sturdy, hardcover, three-ringer binder style cookbooks full of beloved recipes from HCA Families. These cookbooks will be treasured keepsakes for many years to come AND make great gifts!

If you'd like to have your favorite recipes featured in the 2017 cookbook addition please submit your recipe on the next page of this flyer no later than Wednesday, September 27<sup>th</sup>. Please feel free to submit as many as three recipes per family by attaching separate sheets of paper. You may return the recipe(s) to your child's homeroom teacher or turn them into the front office.

Remember to include all the details such as cooking times, temperatures, and thorough instructions so that your shared recipes turn out perfect! Please Include who the recipe is from and their relationship to the student.

Categories for recipes include: Appetizers and Beverages, Soups and Salads, Main Dishes, Vegetables and Side Dishes, Breads and Rolls, Desserts, Cookies and Candy, and This and That.



If you have any questions about recipe submission, please contact Slone Cansler at :

scansler@murraystate.edu

Phone: 270.889.8001

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